



**Spring 2007
Greek New Member
Orientation**

The background of the slide features a light blue gradient with a faint, semi-transparent image of classical architectural columns on the left side. The columns are white with detailed capitals and are set against a darker blue background. The entire slide is framed by a thin white border and a thicker brown border.

Why Are We Here?


- Introductions of Presenters
- Purpose of Orientation
- What We Hope To Accomplish

Drinking – Just the Facts Madam, Just the Facts...

A standard drink is:

- One 12-ounce bottle of beer
- One 5-ounce glass of wine
- 1.5-ounces of 80-proof distilled liquor





If you are a Woman, your BAC might be:

If you are a Man, your BAC might be:

Weight								
# drinks	100 lbs	120 lbs	140 lbs	160 lbs	180 lbs	200 lbs	220 lbs	240 lbs
1	.04	.04	.03	.03	.02	.02	.02	.02
2	.09	.07	.06	.05	.05	.04	.04	.043
3	.13	.11	.09	.08	.07	.07	.06	.05
4	.17	.15	.13	.11	.10	.09	.08	.07
5	.22	.18	.16	.14	.12	.11	.10	.09
6	.26	.22	.19	.16	.15	.13	.12	.11
7	.30	.25	.22	.19	.17	.15	.14	.13
8	.35	.29	.25	.22	.19	.17	.16	.15
9	.39	.35	.28	.25	.22	.20	.18	.16
10	.39	.35	.28	.25	.22	.20	.18	.16
11	.48	.40	.34	.30	.26	.24	.22	.20
12	.53	.43	.37	.32	.29	.26	.24	.21
13	.57	.47	.40	.35	.31	.29	.26	.23
14	.62	.50	.43	.37	.34	.31	.28	.25
15	.66	.54	.47	.40	.36	.34	.30	.27

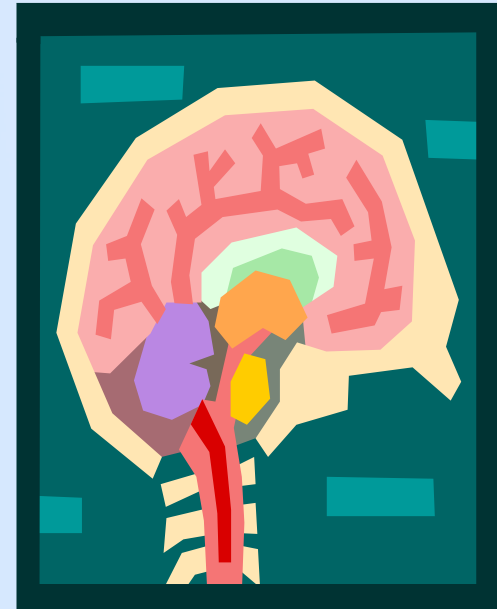
Information provided by: Facts on Tap

<http://www.factsontap.org/yourbody/BALtable.htm>

Secondary Effects of Drinking

Problems with:

- Memory
- Abstract Thinking
- Problem Solving
- Attention and Concentration
- Sleep



Long Term Effects of Drinking:

- Alcohol Related Liver Disease
- Alcohol Hepatitis
- Alcohol Cirrhosis
- Heart Disease
- Cancer
- Pancreatitis

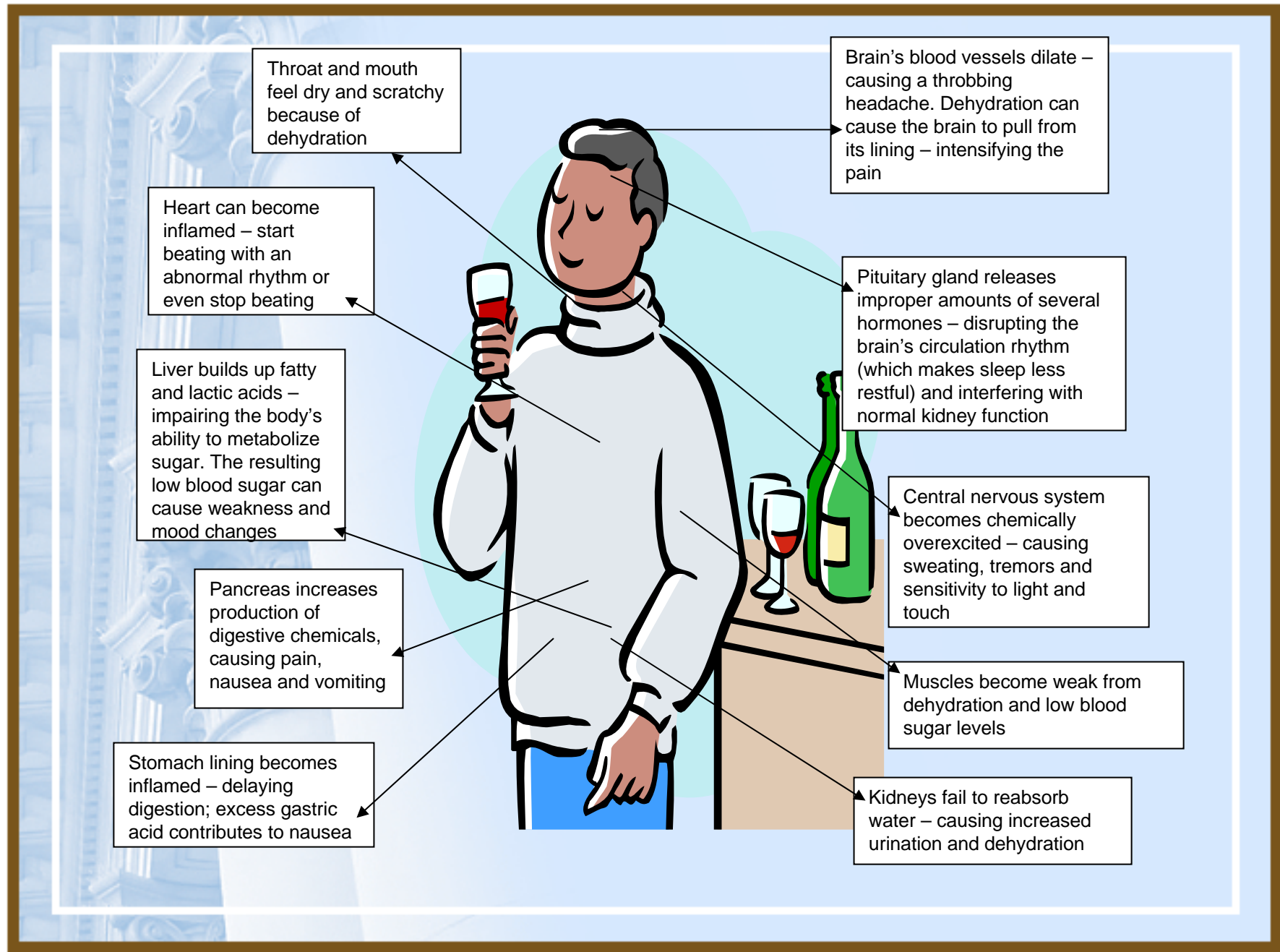


Alcohol & Other Drug Emergencies

Immediate Care of an Intoxicated Person

- Call for immediate medical assistance (x5200 on campus and 911 off campus) if someone is:
- No longer breathing or does NOT have a pulse
- Having difficulty breathing (choking, wheezing, or gasping)
- Breathing irregularly (less than 6x per minute, more than 20x per minute)
- Unconscious or semi-conscious, unable to “wake up”
- Shaking, or having convulsions or seizures
- Foaming at the mouth
- Complaining of pressure or tightness in the chest
- Feverish or having chills
- Cold or clammy to the touch
- Pale or bluish or ashen in skin tone
- Unable to stand, walk, or speak without difficulty
- Vomiting while passed out
- Injured, violent or threatening
- Unable to control bodily functions
- Paranoid, confused, or disoriented to person, place or time
- At risk of hurting him/herself or others





Throat and mouth feel dry and scratchy because of dehydration

Brain's blood vessels dilate – causing a throbbing headache. Dehydration can cause the brain to pull from its lining – intensifying the pain

Heart can become inflamed – start beating with an abnormal rhythm or even stop beating

Pituitary gland releases improper amounts of several hormones – disrupting the brain's circulation rhythm (which makes sleep less restful) and interfering with normal kidney function

Liver builds up fatty and lactic acids – impairing the body's ability to metabolize sugar. The resulting low blood sugar can cause weakness and mood changes

Central nervous system becomes chemically overexcited – causing sweating, tremors and sensitivity to light and touch

Pancreas increases production of digestive chemicals, causing pain, nausea and vomiting

Muscles become weak from dehydration and low blood sugar levels

Stomach lining becomes inflamed – delaying digestion; excess gastric acid contributes to nausea

Kidneys fail to reabsorb water – causing increased urination and dehydration

Mixing Alcohol & Other Drugs

- Alcohol travels through the bloodstream, acts on the brain to cause intoxication and is finally metabolized and eliminated, principally by the liver.
- Alcohol may hinder a drug's metabolism by competing with the drug for the same set of metabolizing enzymes. This interaction keeps the medication in the system longer than intended, possibly increasing one's risk of experiencing harmful side effects.
- Enzymes activated by chronic alcohol consumption transform some medications into toxic chemicals that can damage the liver or other organs. Alcohol can also magnify the effects of sedative and narcotic drugs.



Always Remember:

- Never leave your drink unattended
- Always watch your drinks being poured
- NEVER accept a drink from a stranger
- When you go out, stay in groups
- Watch out for your friends



Campus Resources

Office of Alcohol Education Initiatives

Willow C First Floor

(504) 247-1535

Educational Resources Center

Counseling and Consulting Services

ERC, Mechanical Engineering Building 1st Floor

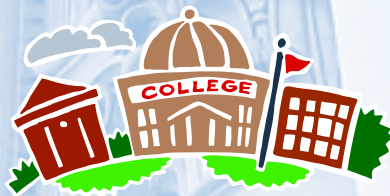
(504) 865-5113

Walk-In Services Available and Appointments Available by completing in office forms

Student Health Center

Substance Abuse Clinic

(504) 865-5255



Tulane University Police Department

Department of Public Safety

Diboll Complex, 1st Floor

(504) 865-5200

Hazing

- No chapter, colony, student or alumnus shall conduct nor condone hazing activities. Hazing activities are defined as: Any action taken or situation created, intentionally, whether on or off fraternity premises, to produce mental or physical discomfort, embarrassment, harassment, or ridicule.
- EDUCATION should be goal



Tulane's Policy

- From the Code of Student Conduct:
- “Hazing: defined as behavior that endangers the mental or physical health of a student as a condition for initial or continued affiliation with any group regardless of either the lack of intent to endanger the student or the student’s own willingness to participate.”

Potential Hazing Sanctions:

- Individuals:
 - Minimum One Semester Suspension
 - Two year Disciplinary Probation (if Re-admitted)
 - Disciplinary Record
- Organizations:
 - Social Restriction
 - Fines, Service, Education
 - Possible Loss of Recognition

It Is Important To:

- Learn About your Organization
- Learn About and Get to Know Fellow Members
- Get to Know Fellow Greeks
- Enjoy Your New Member Experience
- Make the most of Your New Member Experience

It Is Also Important To:

- Show Appreciation and Respect to those People Who Got You Here
- Protect Yourself and Fellow Greeks
- Take Care of Yourself
- Realize You Represent and Are a Member of a Larger Community
- Be a Responsible Citizen
- Respect and Safeguard Your Organization's History
- Protect the Future of Your Organization

Tulane's Hazing Hotline

- TULANE'S 24-HOUR HAZING HOTLINE
- Tulane's 24-Hour Hotline has been established so that you can help prevent an accident or injury from taking place. If you become aware of a hazing incident or feel uncomfortable in a situation that you think is hazing, please call the Hotline at 862-3111. You can leave a confidential message with The Department Fraternity and Sorority Programs. Your call can be anonymous, but please include as much detailed information as possible.

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Fraternity and Sorority Programs

<http://greek.tulane.edu>

- 504.247.1531
- Hazing Hotline: 504.862.3111
- jbolin@tulane.edu

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Other Resources Available

- Student Health Center
- Educational Resources and Counseling Center
- RA's, Area Director
- Academic Advisor
- Public Safety
- Student Health Center
- Alcohol Education Initiatives